



MNNP Virtual Conference 2020:
Integrative Care for Provider Burnout Prevention

November 7th, 2020
0800-1230

- 0800: Opening remarks
- 0810: Keynote Integrative Nursing - Wanda Baker, DNP, RN
- 0905: 10-minute break
- 0915: Energy therapy - Stephanie Rivery, DNP, RN
- 0940: 5-minute break
- 0945: Movement therapy - Ying Chen, DNP, RN
- 1010: 5-minute break
- 1015: MNNP Membership meeting
- 1045: 5-minute break
- 1050: Health & wellness coaching - Daniella LaBella, NBC-HWC
- 1115: 5-minute break
- 1120: Essential oils - Amy Quarberg, MA, RN, CCAP, HNB-BC
- 1145: 10-minute break
- 1155: Mindful eating - Emily Weber, MS, RD, LD, CHWC
- 1220: Closing remarks